

# STOKING THE FIRE

INSTITUTE FOR PRIESTS  
AND PRESBYTERATES

## FROM PAST PARTICIPANTS

- *"Four incredible weeks. One of the best experiences of my life. Thanks to all. It has really changed me."*
- *"I was able to reflect on my spiritual journey. The various theological reflections were helpful. The personal growth plan facilitator made me think and reflect more on my spiritual growth. The spiritual director was very good."*

Visit the Institute for Priests and Presbyterates website for information on upcoming dates, application deadlines and sabbatical costs. Some need-based financial aid may be available. Participation is limited to 14 priests.



*Saint Meinrad*  
Seminary &  
School of Theology

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## STOKING THE FIRE MINI-SABBATICAL

Ongoing Formation for  
Priests at Midlife





*F*our weeks to renew and prepare for the next chapter of ministry. A balanced mix of activities, recreation, reflection, and relaxation with programs devoted to physical, mental and spiritual health.

## ONGOING FORMATION

- Transitions in life and ministry
- Guided prayer meditation on the experience of our aging process
- Availability of counselors and spiritual directors
- Theological updates
- Professional health consultation; diet and exercise options at this stage of life
- Presentations and facilitated conversations on the life and ministry of priests
- Self-created personal growth plan moving back into ministry
- Closing liturgy and celebration

## AMENITIES AND ACTIVITIES

- Private room and bath facilities
- Wi-Fi Internet access
- Workout facilities
- Library and video borrowing privileges
- Cable/Satellite TV and DVD player
- Nearby sports and leisure activities
- Opportunities for communal prayer with monastic community
- Daily Mass, reflection, prayer and dining with fellow priests
- Counselors, confessors, spiritual directors
- Optional group outings

## THE SETTING

Located among the peaceful, rolling hills of southern Indiana, Saint Meinrad Archabbey is a community of Benedictine monks that has remained faithful to its commitment to daily Mass and prayer since its founding in 1854.

## OUR DESIGN

Stoking the Fire is an ongoing formation program designed with priests at midlife in mind. Continuing conversion in the areas of spiritual, pastoral, intellectual and human formation is addressed in an integrated and intentional manner. Rest, recreation and renewal are key elements to the four-week experience.

